



# Social and Emotional Learning in OST Cohort

***Evening Edition Social Emotional Learning (SEL) Cohort:  
Key Topics for Anyone Working with Children and Youth  
in Out of School Time (OST) Settings***

**Thursdays, April 6, 13, 20 & May 4, 11, 18  
6:30 - 8:00pm on Zoom**

At the heart of the OST field are the values of building positive relationships, creating quality learning opportunities, and making contributions to lifelong thriving outcomes for our youth. The profound way these values connect to SEL is the driving influence underlying this six-session cohort.

We will lay a foundation for understanding SEL and promoting the elements within OST environments that can help SEL thrive. Each session will focus on specific topics connected to the understanding and implementing SEL-supportive practices in OST programs. We will examine SEL competencies, SEL skill development, regulating routines and practices, and the components of an SEL-supportive culture, while providing practical suggestions to strengthen the quality of programs for our children, youth, and families.

Participation in the cohort will include attendance to six 1½ hour virtual sessions. All participants have the option to attend virtual office hours with Abigail Blodgett, ACROSS NH SEL Project Coordinator and cohort co-facilitator, between sessions.

**Registration:** This cohort is free! Registration is required. **The last day to register in Eventbrite is April 3<sup>rd</sup>: <https://www.eventbrite.com/e/576451821917>**

**Zoom:** This ACROSS NH cohort is virtual. You will receive an email with an invitation to the Zoom meeting after you register and prior to the first session.

**Professional Development:** Participants must complete all six sessions to receive PD credit. Upon completing the cohort, participants will receive 9 hours of PD in their NHCIS training transcript.

**Questions:** Please email Cathy Hazelton, ACROSS NH Assistant Project Director, at [cathy@seresc.net](mailto:cathy@seresc.net) or call 603-206-6848.



**Thursday  
Evenings**

**6:30 - 8:00pm**

Presented by  
Abigail Blodgett, B.S.; ACROSS  
NH SEL Project Coordinator, NH  
ASMP  
&  
Eric Mann, MSW, SEL  
Consultant with SERESC, Inc.

**Last Day to Register  
is April 3<sup>rd</sup>**

*ACROSS NH is a project of  
SERESC funded by the Bureau of  
Child Development and Head Start  
Collaboration. Our goal is to provide  
statewide technical assistance and  
professional development  
opportunities to out of school time  
providers to support their work in  
creating high quality, innovative  
programs for schoolage children.*